



# GET PSYCHED

with MTC 2019

February 1-13, 2019 | Midlands Technical College Airport Campus

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**MIDLANDS**  
TECHNICAL COLLEGE

# GET PSYCHED with MTC 2019

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This two-week conference will explore the plight of the mentally ill, address how to reduce stigma around mental illness, and promote the mental health of our community.

Interdisciplinary seminars and training will be offered throughout the conference to engage students, faculty, and the community.

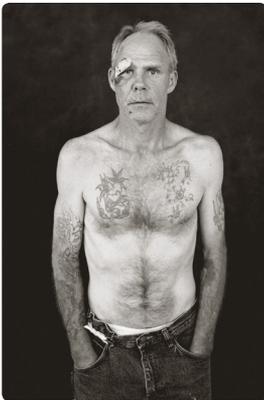
The signature event of the conference is Fine Line: Mental Health/Mental Illness – a documentary of voices, stories, and portraits by award-winning photo-journalist Michael Nye.

## FINE LINE: Mental Health/Mental Illness

Photographs and Audio Stories by Michael Nye

February 1-13 | Open each day from 8 a.m. - 6 p.m.

MTC Airport Campus | Mary Robertson Conference Hall



Fine Line is a curated exhibit of voices, stories, and portraits of people who confront stereotypes and reveal the courage and fragility of those living with mental illnesses.

The exhibit from artist Michael Nye gives the public the opportunity to glimpse into the lives of those in-need. It allows people to come together and continue conversations about helping the most vulnerable, and how to become part of the experience of those struggling to cross the fine line from mental illness to health.



Michael Nye spent four years photographing and recording stories. Over time, he focused on subjects who were experiencing various mental illnesses, including schizophrenia, depression, obsessive compulsive, anxiety, and bi-polar disorders.

This traveling multimedia exhibition consists of 55 black-and-white portraits that address mental illness, as well as topics like family, confusion, pain, abuse, treatment, and healing.

Nye's photography and audio exhibitions "Children of Children," (stories of teenage pregnancy) and "Fine Line" have traveled to over 120 cities in the U.S. and continue to tour to this day.



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*"It's a mesmerizing experience – to stare into the eyes of the person so artfully portrayed, to listen to the voice, and in some small way, to get to know the individual beyond the mentally ill label, the person who's so much more than the illness."*

– Joe Holley, *Express News*,  
San Antonio, TX

*"Michael Nye's exhibition is incredibly powerful and unbelievably moving. It connects you with each individual in such a personal way. These compelling photographs and intimate voices will educate and change minds."*

– Frances Wise, *National Alliance for the Mentally Ill*

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## Overview of Presentations, Talks, and Seminars

February 1-13 | MTC Airport Campus

### Mental Health Today **GREEN TRACK**

The Mental Health Today track will examine various topics that relate to mental health in society today. This track will include multiple presentations and panel discussions that will allow participants to learn how mental health issues impact everyone in numerous ways. Some of the topics included in the Mental Health Today track are the Economic Impact of Mental Health, Politics and Mental Health, Stereotypes/Prejudice/Discrimination and Mental Health, and Transgender Populations and Mental Health.

### Healthy Minds **BLUE TRACK**

The Healthy Minds track will explore specific areas of mental health in greater detail, including particular diagnoses and different methods of treating mental illness. This track will include a number of presentations and panel discussions to inform and engage participants to understand how numerous mental health issues are addressed. Some of the topics included in the Healthy Minds track are Mental Health Issues Related to PTSD, the Use of Art Therapy in Mental Health, Children's Mental Health, Professional Pathways in Psychology, and How to Support a Loved One with Mental Illness.

### Taking Action **RED TRACK**

The Taking Action track will provide various training opportunities for students, professionals, and everyone in the community to be educated about mental health issues. Some of the training opportunities will be geared for specific professional groups and will provide continuing education credits, while others are open to the public. Many of these trainings will also include interactive panel discussions to allow participants to ask questions and explore specific concerns with the presenters. Some of the trainings included in the Taking Action track are the QPR Gatekeeper Course on Suicide Prevention, NAMI's In Our Own Voice, and professional trainings on Compassion Fatigue.

Learn more at [MIDLANDSTECH.EDU/GetPsyched](http://MIDLANDSTECH.EDU/GetPsyched)



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